



National Board for Certification

Training Administrators of Graduate Medical Education

## FALL 2023 Newsletter

### Call for Accomplishments

As a Certified TAGME Professional, we know you have a lot going on in your professional life. TAGME is interested in what you are doing in your profession and would like to share this with our followers on Facebook and LinkedIn and in our website Member Spotlight. Please share your accomplishments, posters, and presentations - let us know what you're up to at [marketing@tagme.org](mailto:marketing@tagme.org). Click [here](#) for the Spotlight Form.

### What about YOUR well-being during this busy recruitment season?

Recruitment season presents extra challenges in the administration of education programs. The additional duties and fast-paced season can quickly deplete our energy and resources. However, there are some practices and behaviors that can be implemented to reduce burnout as we navigate the next few months.

Allow your colleagues and members of your team to assist, especially on busy days. Some programs or institutions are small and may not have education team members available, but usually, there are other team members that we can rely on for non-education-specific tasks. Do not think you have to do it all - collaborate!



2023-2024 Board of Directors (left to right): Justin Jorns, Cynthia Lawhorn, Coretha Davis, Linda Shaffer, Gretchen Lynch, Annette Lemire, Deborah Barrand, Rachel Bills, Donna Brown, Donna Guidroz, Sarah Steen, Connie Donohoe

Make time for what matters to you. It might be connecting with colleagues or taking a walk to the coffee shop every morning, maybe even leaving work early on Friday to spend extra time with your family. Do not forget the small things that matter to you while you have extra responsibilities.

You are not alone. Program Coordinator networks are available in nearly all specialties and on social media. When you are looking for solutions or improvements in processes, look to your network or find your network to seek and give support. Community is key to resilience, success, and happiness in our work.

Do you have wellness habits that keep you focused and healthy this season? We'd love to share them on our social media pages. Reach out!

[5 Ways to Restore Depleted Health Care Workers \(hbr.org\)](#)

### **TAGME In The Know**

Are you already approved to recertify this year? The December deadline is rapidly approaching. Be sure to schedule your assessment soon, it's best not to wait until the last moment as proctor spots fill up!

Stay tuned! New exciting TAGME news coming in 2024!

**Thank you** to Emory University College of Medicine Graduate Medical Education Dept. for hosting our recent TAGME Board of Directors meeting. The Board was honored to conduct a session about TAGME for Emory coordinators.



Left to Right: Taiwana Daniels, Senior Associate Director, GME; Shea Stephens, Program Coordinator, GME; Phyllinthea Carter, Senior Program Coordinator, GME; Angela Huff, Program Coordinator, Radiology

### **TAGME at the ACGME**

Be sure to stop by our booth at the ACGME Annual Educational Conference. TAGME Board Members will be there to answer questions. Anyone planning to apply for certification or recertification in the 2024 assessment cycle can enter a drawing for the chance to take the exam free! Watch for updates on our social media pages.

**TAGME is social! Please like, follow, and share!**

[LinkedIn](#) | [Facebook](#)

Wishing you a successful recruitment season,  
TAGME Board of Directors